

AUTUMN
WINTER
2026

FRESH!

NUTRITIOUS

HOT DISHES

TASTY

DELI

OPTION
1

Cheese and Tomato Pizza
with Pasta Salad

I.O.W Pork Sausages Bites
with Mashed Potato and Gravy

Roast Chicken
with Roast Potatoes, Stuffing and
Gravy

Lasagne
with a Garlic Doughball

Fish Fingers
with Chips

OPTION
2

Creamy Garlic Pasta

Sweet Potato & Lentil Curry
with Wholegrain Rice

Cheese and Onion Pie
with Roast Potatoes

Vegan Meatball Baguette
with Potato Wedges

Quorn Dippers
with Chips

OPTION
3

Tomato Pasta
Fresh, Homemade Tomato
Sauce with Wholewheat Pasta

Tomato Pasta
Fresh, Homemade Tomato
Sauce with Wholewheat Pasta

Tomato Pasta
Fresh, Homemade Tomato
Sauce with Wholewheat Pasta

Tomato Pasta
Fresh, Homemade Tomato
Sauce with Wholewheat Pasta

Tomato Pasta
Fresh, Homemade Tomato
Sauce with Wholewheat Pasta

HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD

OPTION
4

Baguettes
Choice of either Ham, Cheese or
Tuna

Baguettes
Choice of either Ham, Cheese or
Tuna

Baguettes
Choice of either Ham, Cheese or
Tuna

Baguettes
Choice of either Ham, Cheese or
Tuna

Baguettes
Choice of either Ham, Cheese or
Tuna

DELI DISHES ARE SERVED WITH MIXED SALAD

DESSERT

Lemon Cookie
with Fruit

Apple Crumble
Served with Custard

Raspberry Jelly

Chocolate Ice Cream

Chocolate Marble Cake

AVAILABLE DAILY



FRESH FRUIT, SALAD,
YOGHURT AND WATER



BAKED POTATOES
With a choice of topping

FRUITY!

Vegetarian Vegan Oily Fish Fruity! Wholegrain Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

WEEK 1
WEEK 2
WEEK 3

W/C: 02/11/2026, 23/11/2026, 14/12/2026, 18/01/2027, 08/02/2027, 08/03/2027

AUTUMN
WINTER
2026

FRESH!

NUTRITIOUS

HOT DISHES

TASTY

DELI

OPTION
1

Cheese and Tomato Pizza
with Pasta Salad

OPTION
2

Spicy Tomato Pasta Bake
with a Garlic Doughball

OPTION
3

Tomato Pasta
Fresh, Homemade Tomato
Sauce with Wholewheat Pasta

OPTION
4

Baguettes
Choice of either Ham, Cheese or
Tuna

DESSERT

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

I.O.W Beef Burger
with Potato Wedges

Roast Pork
with Roast Potatoes, Stuffing and
Gravy

Chilli Mac and Cheese

Fish Fingers
with Chips

Chinese Vegetable Rice

Roast BBQ Quorn
with Roast Potatoes, Stuffing and
Gravy

Beany Pasta Bake

Quorn Dippers
with Chips

Tomato Pasta
Fresh, Homemade Tomato
Sauce with Wholewheat Pasta

Tomato Pasta
Fresh, Homemade Tomato
Sauce with Wholewheat Pasta

Tomato Pasta
Fresh, Homemade Tomato
Sauce with Wholewheat Pasta

Tomato Pasta
Fresh, Homemade Tomato
Sauce with Wholewheat Pasta

HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD

Baguettes
Choice of either Ham, Cheese or
Tuna

Baguettes
Choice of either Ham, Cheese or
Tuna

Baguettes
Choice of either Ham, Cheese or
Tuna

Baguettes
Choice of either Ham, Cheese or
Tuna

DELI DISHES ARE SERVED WITH MIXED SALAD

Chocolate Cookie
with Fruit

Apple and Berry Crumble
Served with Custard

Chocolate Fudge Cake

Strawberry Ice Cream

Lemon and Courgette Cake

AVAILABLE DAILY



FRESH FRUIT, SALAD,
YOGHURT AND WATER



BAKED POTATOES
With a choice of topping

FRUITY!

Vegetarian Vegan Oily Fish Fruity! Wholegrain Nutritionist's Choice

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WEEK 1
WEEK 2
WEEK 3

W/C: 09/11/2026, 30/11/2026, 04/01/2027, 25/01/2027, 22/02/2027, 15/03/2027

AUTUMN
WINTER
2026

FRESH!

NUTRITIOUS

HOT DISHES

TASTY

DELI

OPTION
1

OPTION
2

OPTION
3

OPTION
4

DESSERT

MONDAY

Cheese and Tomato Pizza
with Pasta Salad

Red Pepper and Nut-Free
Pesto Spaghetti

Tomato Pasta
Fresh, Homemade Tomato
Sauce with Wholewheat Pasta

TUESDAY

Homemade Sausage Roll
with Herby Diced Potatoes

Cheesy Bean Burrito
with Wholegrain Rice

Tomato Pasta
Fresh, Homemade Tomato
Sauce with Wholewheat Pasta

WEDNESDAY

Roast Chicken
with Roast Potatoes, Stuffing and
Gravy

Sweet Potato and Chickpea
Roast
with Roast Potatoes, Stuffing and
Gravy

Tomato Pasta
Fresh, Homemade Tomato
Sauce with Wholewheat Pasta

THURSDAY

Beef Bolognese
with Wholewheat Pasta

Macaroni Cheese

Tomato Pasta
Fresh, Homemade Tomato
Sauce with Wholewheat Pasta

FRIDAY

Fish Fingers
with Chips

Quorn Dippers
with Chips

Tomato Pasta
Fresh, Homemade Tomato
Sauce with Wholewheat Pasta

HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD

Baguettes
Choice of either Ham, Cheese or
Tuna

Baguettes
Choice of either Ham, Cheese or
Tuna

Baguettes
Choice of either Ham, Cheese or
Tuna

Baguettes
Choice of either Ham, Cheese or
Tuna

Baguettes
Choice of either Ham, Cheese or
Tuna

DELI DISHES ARE SERVED WITH MIXED SALAD

Oat Cookie
with fresh fruit slices

Chocolate Sponge
Served with Chocolate Custard

Strawberry Jelly

Vanilla Ice Cream

Chocolate Pear Cake

AVAILABLE DAILY



FRESH FRUIT, SALAD,
YOGHURT AND WATER



BAKED POTATOES
With a choice of topping

FRUITY!

Vegetarian Vegan Oily Fish Fruity! Wholegrain Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

WEEK 1
WEEK 2
WEEK 3

W/C: 16/11/2026, 07/12/2026, 11/01/2027, 01/02/2027, 01/03/2027, 22/03/2027