

Newsletter No. 10 Thursday 23rd November 2023

**Parent Governor Vacancies** - Please take a look at the letter further down the newsletter regarding our need to recruit new parent governors. This letter was sent via email to parents this week, if you have any questions please feel free to contact us.



### Key Dates –2022/23

Fri 24th Nov -	Yr 3 Dinosaur Isle Trip
Fri 1st Dec -	Mufti - Choc Donations
Fri 8th Dec -	Mufti - KS1 Filled Jars, KS2 LEGO Jar Donations
Thurs 7th Dec -	Christmas Dinner & Christmas Jumper Day
Tues 12th Dec -	EYFS Performances
Weds 13th Dec -	KS1 Performances
Fri 15th Dec -	Christmas Fair
Mon 18th Dec -	Church Carol Service
Tues 19th Dec -	Break up for Christmas
Tues 2nd Jan -	Back to School

### HELP RAFFLE PRIZES NEEDED

Raffle prizes - We will be holding a raffle at our Christmas Fair and are asking for any donations of raffle prizes from local businesses you may own personally, work for, or run by a family member. We already have some wonderful prizes such as family tickets for Tapnell Farm, The Steam Railway and Wildheart Sanctuary but any other prizes would be amazing and very welcomed.

KS1 and EYFS Christmas Performances - A link has been sent home for parents to request tickets for this years Pre-School & Reception (EYFS) AND Yr1 & Yr2 (KS1) Christmas Performances which will take place on the 12th and 13th December respectively. Please note that these can only be requested up until Friday 1st December, at which point tickets will be allocated and distributed from class.



**Flu Vaccinations** - The School Immunisation Service will be back in school on **Tuesday 5th December**. You can scan the QR Code or follow the link on the attached poster to register your child or to opt out. Please note that no child will be immunised without your consent.

### School Meals

School dinners are provided by Chartwells. The cost is £2.75 per day.

The Autumn/Winter Menu

W/C 27/11 Menu Week 2

## All Things Christmas!



Please remember to **order your child's Christmas Lunch by tomorrow (Friday 24th November)**.

Next week's **Mufti Day** will be on **Fri 1st December** and we are asking for donations of **chocolate** for our 'Chocolate Tombola Stall'.

We will be creating an entry for this years Brighton Christmas Tree Festival which will be displayed at Calbourne Water Mill throughout December. You are able to enter the water mill free of charge during this time to view the tree's and visit the café.

### SPORTS UPDATE

Our under 9 girls played at Ryde school this week. They all played really well, coming close to scoring a few times during the game but unfortunately missed out this time. Well done for a good game girls!

Our Under 11 girls play away at Lanesend on Thursday and our Basketball team play a tournament at Ryde school on Friday. Good luck to both our teams!






*This Week's Attendance Stars are  
5A with 98.6% Attendance!  
Well done!*



## *School Attendance*

Class	This Week
RA	95.9%
RB	93.7%
1A	91.4%
1/2A	91.3%
2A	92%
3A	93%
3B	93.5%
4A	96.6%
4B	93.2%
5A	98.6% 
5B	93.5%
6A	93.3%
6B	95.4%

### School Start Times:

Doors open at **8.30am** and register is taken promptly at **8.40am**.

It is **essential** children are in time for registration and ready to start the day in a timely manner.

School ends at 3.10pm—please arrive promptly to collect.



**Minutes Late** - The number of late arrivals after the register closed this week has meant that **430 minutes** of learning have been lost! Please remember school starts at 8.40 promptly.

**Whole School Attendance: 94.0%**

**Target: 96%**

Please remember to call or email school on **563372** or [admin@haylands.iow.sch.uk](mailto:admin@haylands.iow.sch.uk) by **9.00am** if your child is absent AND follow this up with a letter.

If you email in this will count as your absence note so no need to follow up.

Regular meetings are held with the Education and Inclusion Assistant who monitors attendance.

If a letter is not received the absence will remain unauthorised.

# Isle of Wight School Terms And Holidays 2023 – 2024

Determined programme of school term and holiday dates for county and controlled schools for the academic year 2023/24

SEPTEMBER 2023					
M	28	★	11	18	25
T	29		5	12	19
W	30		6	13	20
T	31		7	14	21
F	★		8	15	22
S	2		9	16	23
S	3		10	17	24

OCTOBER 2023					
M	2	9	16	23	30
T	3	10	17	24	31
W	4	11	18	25	
T	5	12	19	26	
F	6	13	20	27	
S	7	14	21	28	
S	1	8	15	22	29

NOVEMBER 2023					
M	★	13	20	27	
T		7	14	21	28
W	1	8	15	22	29
T	2	9	16	23	30
F	3	10	17	24	
S	4	11	18	25	
S	5	12	19	26	

DECEMBER 2023					
M		4	11	18	25
T		5	12	19	26
W		6	13	20	27
T		7	14	21	28
F	1	8	15	22	29
S	2	9	16	23	30
S	3	10	17	24	31

JANUARY 2024					
M	1	8	15	22	29
T	2	9	16	23	30
W	3	10	17	24	31
T	4	11	18	25	
F	5	12	19	26	
S	6	13	20	27	
S	7	14	21	28	

FEBRUARY 2024					
M	5	12	19	26	
T	6	13	20	27	
W	7	14	21	28	
T	1	8	15	22	29
F	2	9	16	23	
S	3	10	17	24	
S	4	11	18	25	

MARCH 2024					
M		4	11	18	25
T		5	12	19	26
W		6	13	20	27
T		7	14	21	28
F	1	8	15	22	29
S	2	9	16	23	30
S	3	10	17	24	31

APRIL 2024					
M	1	8	15	22	29
T	2	9	16	23	30
W	3	10	17	24	
T	4	11	18	25	
F	5	12	19	26	
S	6	13	20	27	
S	7	14	21	28	

MAY 2024					
M	6	13	20	27	
T	7	14	21	28	
W	1	8	15	22	29
T	2	9	16	23	30
F	3	10	17	24	31
S	4	11	18	25	
S	5	12	19	26	

JUNE 2024					
M		3	10	17	24
T		4	11	18	25
W		5	12	19	26
T		6	13	20	27
F		7	14	21	28
S	1	8	15	22	29
S	2	9	16	23	30

JULY 2024					
M	1	8	15	22	29
T	2	9	16	23	30
W	3	10	17	24	31
T	4	11	18	25	
F	5	12	19	26	
S	6	13	20	27	
S	7	14	21	28	

AUGUST 2024					
M		5	12	19	26
T		6	13	20	27
W		7	14	21	28
T	1	8	15	22	29
F	2	9	16	23	30
S	3	10	17	24	31
S	4	11	18	25	



STAFF DEVELOPMENT DAY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	<b>Cheese and Tomato Pizza</b> 🍕 Served with Potato Wedges	<b>Classic Beef Burger</b> Served with Potato Wedges	<b>Roast Turkey</b> Served with Roast Potatoes and Gravy	<b>Beef Bolognese</b> 🍷 Served with Wholewheat Pasta and Garlic and Herb Bread	<b>Breaded Fish Fingers</b> Served with Chips
	<b>Stir Fried Vegetable Rice</b> 🍚 Served with Potato Wedges	<b>Vegetarian Burger</b> 🍔 Served with Potato Wedges	<b>Vegetable Pastry Roll</b> 🥟 Served with Mashed Potato and Gravy	<b>Vegetarian Bolognese</b> 🍷 Served with Wholewheat Pasta and Garlic and Herb Bread	<b>Crispy Quorn Nuggets</b> 🍗 Served with Chips
JACKET POTATO	<b>Jacket Potatoes</b> 🍟 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍟 with a choice of hot and cold fillings, including Salmon Mayonnaise 🐟	<b>Jacket Potatoes</b> 🍟 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍟 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍟 with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🍷					
All main meals are served with two vegetables					
DESSERT	<b>Chocolate Brownie</b>	<b>Crispy Crackle Bar with Fruit</b> 🍌	<b>Original Flapjack</b>	<b>Carrot, Orange and Sultana Slice</b> 🍌	<b>Vanilla Ice Cream</b>

## AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

🌱 Vegetarian 🐟 Oily Fish 🍷 Wholegrain

🍏 Fruity! 🍷 Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

CHARTWELLS A3052481N\_B09123

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	<b>Cheese and Tomato Pizza</b> 🍕 Served with Potato Wedges	<b>Turkey Con Chilli</b> 🍷 Served with Wholegrain Rice	<b>Roast Beef</b> Served with Roast Potatoes and Gravy	<b>Sausage Pasta Bake</b> 🍷 Served with Garlic and Herb Bread	<b>Breaded Fish Fingers</b> Served with Chips
	<b>Sweet Potato Curry</b> 🍚 Served with Wholegrain Rice	<b>Macaroni Cheese</b> 🍝	<b>Cheesy Leek and Carrot Crumble</b> 🥟 Served with Roast Potatoes and Gravy	<b>Vegetarian Sausage Pasta Bake</b> 🍷 Served with Garlic and Herb Bread	<b>Crispy Quorn Nuggets</b> 🍗 Served with Chips
JACKET POTATO	<b>Jacket Potatoes</b> 🍟 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍟 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍟 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍟 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍟 with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🍷					
All main meals are served with two vegetables					
DESSERT	<b>Apple Crumble with Custard</b> 🍌	<b>Crunchy Chocolate Biscuit</b>	<b>Chocolate and Vanilla Marble Cake</b>	<b>Carrot Cake</b> 🍌	<b>Strawberry Ice Cream</b>

## AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

🌱 Vegetarian 🐟 Oily Fish 🍷 Wholegrain

🍏 Fruity! 🍷 Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

CHARTWELLS A3052481N\_B09123



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	<b>Cheese and Tomato Pizza</b> 🍕 Served with Potato Wedges	<b>Pork Sausages</b> Served with Mashed Potato and Gravy	<b>Roast Pork</b> Served with Roast Potatoes and Gravy	<b>Chicken and Vegetable Korma</b> 🍗 Served with Wholegrain Rice	<b>Breaded Fish Fingers</b> Served with Chips
JACKET POTATO	<b>Chilli No Carne with Crispy Tortilla</b> 🌶️ Served with Wholegrain Rice	<b>Cauliflower Macaroni Cheese</b> 🍷 Served with Garlic and Herb Bread	<b>Sweet Potato and Chickpea Roast</b> 🍠 Served with Roast Potatoes and Gravy	<b>Vegetarian Cottage Pie</b> 🍷 Served with Roast Potatoes and Gravy	<b>Crispy Quorn Nuggets</b> 🍷 Served with Chips
	<b>Jacket Potatoes</b> 🍷 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍷 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍷 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍷 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍷 with a choice of hot and cold fillings
	<b>Tomato Pasta</b> Fresh, homemade tomato and basil sauce with penne pasta 🍷				
	All main meals are served with two vegetables				
DESSERT	<b>Magic Apple and Cinnamon Bake</b> 🍷	<b>Strawberry Jelly</b>	<b>Orange Shortbread with Fruit Slice</b> 🍷	<b>Banana and Carrot Cake</b> 🍷	<b>Chocolate Ice Cream with Shortbread Biscuit</b>

#### AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

🍷 Vegetarian 🐟 Oily Fish 🍷 Wholegrain

🍷 Fruity! 🍷 Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

CHARTWELLS-ADDS2MAN-809123

#### PARENT NEWSLETTER | AUTUMN 2023

## NEW MENU COMING SOON!

## DELICIOUS NEW DISHES LAUNCH AFTER HALF TERM

We're delighted to tell you that your new autumn menu will be served after half term. **Full of hearty, flavoursome recipes** that have been lovingly created by our chefs and nutritionists, these dishes are packed with all the things children need to grow strong and healthy. **Plus they are really tasty too!**

## ALL CHILDREN CAN ENJOY A FREE SCHOOL MEAL IN RECEPTION, YEAR 1 AND YEAR 2 - SAVING YOU UP TO £457 A YEAR!

Children in Years 3 - 6 may also be able to enjoy free school meals. **Contact your school office today to sign up.**

## IS YOUR CHILD ENTITLED TO A FREE SCHOOL MEAL?

## YOUR FEEDBACK HELPS SHAPE EVERYTHING WE DO AT CHARTWELLS.

Our mission is to make sure we feed children delicious, nutritious food to help them get the most out of their day.

Complete our survey by **10 November 2023** to be in with a chance to win a **£20 Love2Shop voucher**. We have **30 to give away!**

[Complete the survey](#)

Win a  
**£20 Love2Shop voucher**  
30 to be won!



Terms and conditions apply. Visit link for details.



Bettesworth Road  
Ryde  
Isle of Wight  
PO33 3HA  
Tel: 01983 563372

Email: [admin@haylands.iow.sch.uk](mailto:admin@haylands.iow.sch.uk)

Dear Parents, Grandparents & Carers

The Governing Board of Haylands Primary School currently has 2 vacancies for parent governors. Being a parent governor is a valuable and rewarding way to support the school and get more involved in the education of pupils at a strategic level. The eligibility for parent governors includes biological parents, step-parents, grandparents, foster parents, guardians and anyone who has day-to-day responsibility for a child enrolled at the school.

The Governing Board has three statutory responsibilities:

- Work with senior leaders to set the vision, ethos, culture and strategic direction of the school;
- Hold the headteacher to account for the educational performance of the school, progress and attainment of the pupils, and the continuous professional development of the staff;
- Ensure the sound, proper and effective use of the school's financial resources.

Governors discharge these responsibilities through a range of activities such as attending board and committee meetings, receiving reports from senior leaders and external stakeholders, visiting the school to monitor school performance, attending panels and working parties on specific aspects of school life, and engaging with senior leaders on strategy development. Governors attend regular training courses to develop their skills and keep updated with changes in education. Everything that governors do contributes in some way to at least one of the statutory responsibilities.

The Governing Board meets seven times per year and the structure includes a Finance & Resources Committee that focuses on staff structure, budget setting and monitoring, financial audit review, and facilities management. This committee meets five times a year but not all governors sit on this committee.

There are many commonly held myths about school governors – we do not:

- Write school policies, but we do approve them
- Carry out audits, but we do review audits conducted by staff
- Fundraise, but we do oversee the school budget
- Carry out classroom observations to make judgements about the quality of teaching, but we do recruit a headteacher who performs this role
- Get involved in the day-to-day operation of the school, we leave this to the headteacher and the school staff

If you are interested in becoming a parent governor you can email me on [chair@haylands.iow.sch.uk](mailto:chair@haylands.iow.sch.uk) to arrange an informal chat or email Alison Starnes for an application form on [clerk@haylands.iow.sch.uk](mailto:clerk@haylands.iow.sch.uk).

I and other governors will be in school during next week's parents' evenings if you would like to find out more. I look forward to hearing from you.

Simon Richards  
Chair of Governors



# Haylands Christmas Fair



**Secret Santa**

**Friday 15th December**  
**3.10pm - 6.00pm**

**Toy Stall**

In order to make this event a success we are planning to have several school staffs. Please help us where you can by supporting the following 'Mufti Days'.

~~Friday 10th November - Good quality toys~~

~~Thursday 16th November - Bottles~~

~~Wednesday 22nd November - Gifts~~

Friday 1st December - Chocolate

Friday 8th December - Gift filled jam jars

**Tombola**

**Raffle**

**Cake Sale**

**Craft Stalls**

**Hot Drinks**



# CHRISTMAS FOOD AND FUN

Start 10 am Finish at 2pm  
Lunch at 12

20th, 21st, 22nd and 29th December

We have 50 places available per day between 10am to 2pm  
this includes Childrens lunch and activities.

It's a free activity for children between ages 5-11 years who  
are entitled to free school meals or in receipt of benefits

If not eligible there's a £5 charge per person

Parents must supervise their children at all times

Arts and Crafts

Fun and Games

Christmas Bingo

Soft Play

Special Guests Face Painting

Please do not message Facebook page

Please Email [holly@aspireryde.org.uk](mailto:holly@aspireryde.org.uk) to book your  
place or pick up a booking form from Kingdom Play

ASPIRE

WELCOMING - SAFE - SUPPORTIVE - BELONGING

Join us at Kingdom Play at  
Aspire Ryde, Dover Street  
PO332BN

## Christmas at Tapnell Santa's Missing Mail

1st - 24th December

(on selected dates)



Get ready for another immersive experience - a new story and new  
adventures filled with wonderment for the whole family!

Buy Tickets Now

TAPNELL  
FARM PARK

[www.tapnellfarm.com/christmas](http://www.tapnellfarm.com/christmas)

ON SALE NOW!

JUST  
£30 PER  
PERSON!  
Under 2's FREE

Winter Season Passes

ALL WEATHER FUN!  
Indoor and Outdoor Play

Valid from 9th November 2023 - 22nd March 2024

Unlimited FREE ENTRY - See winter opening times on website

Transferable adult season pass when accompanying a child season pass holder

New Carnival Presents

RYDE

## Merry and Bright

Join us...

Friday Night-  
Lantern Parade

Celebrate in Town

Polar Express -  
Full steam ahead...

Illuminations  
Entertainment  
Shopping  
Activities  
Music

Fri 8th Dec  
5-8pm &  
Sat 9th Dec  
12-8pm

Craft  
Market

new  
carnival

## Community Lantern Making in Ryde



Come and make a railway  
themed lantern to take part  
in the Merry and Bright  
Lantern parade on 8th  
December. You will create  
your lantern structure from  
willow and cover it with  
tissue before decorating.

**Saturday 25th November**

Ryde Methodist Church Hall  
14 Garfield Rd, Ryde  
PO33 2PT

**11am-2pm**

Suitable for all ages - children  
must be accompanied by an  
adult.

**£7 per lantern**

Booking is essential  
Please email

[abigailnewcarnival.co.uk](mailto:abigailnewcarnival.co.uk)

or call 01983 716095 to

book your space






THEATRE DANCE  
TRAIN ACT SING

# Aladdin

THE PANTOMIME




Discover...  
..A Whole New World..  
...This Christmas.

## SHANKLIN THEATRE

9th December 2pm & 7pm ☆ 10th December 1pm & 5pm

### BOOK NOW

01983-868000  [www.theatretrein.co.uk/Aladdin-the-pantomime-tickets-on-sale-now/](http://www.theatretrein.co.uk/Aladdin-the-pantomime-tickets-on-sale-now/)

# Building COMPETITION

How would you protect the land from the sea? Create a sea defence using any building material you like!

Lots of prizes up for grabs!  
Open to Ages 3-14  
Send photo of your child's entry to  
[IOW\\_FDSchemes@environment-agency.gov.uk](mailto:IOW_FDSchemes@environment-agency.gov.uk) with your child's first name and age.

**Closes 1st December!**



 **ISLE OF WIGHT**  
COASTAL DEFENCE SCHEMES

## Makaton Training

For Parents and Carers



**Session 1 with creche facilities:**  
09:30 - 11:00

**Session 2: Parent and carers only**  
11:30 - 13:00

**Location:** Paediatric Therapies  
St Mary's Hospital, Newport

**Date:** 25th November 2023

To book your session please call: 01983 534502



JOIN US FOR SOME

# CHRISTMAS POTTERY

**20 TH DECEMBER**  
10AM - 12PM & 2PM - 4PM

COME AND GET CREATIVE THIS CHRISTMAS!

Activities are great for all the family and include pottery wheel throwing, festive sculpting and Christmas themed painting projects

**HO-HO-HOPE TO SEE YOU THERE!**

BOOK ONLINE NOW  
[WWW.ISLEOFWIGHTPOTTERY.COM](http://WWW.ISLEOFWIGHTPOTTERY.COM)



## PRE-LOVED BABY & TODDLER MARKET

**SUN 26 NOV 2023**  
11AM-1PM

**ROYAL ESPLANADE HOTEL**  
16 ESPLANADE, RYDE,  
ISLE OF WIGHT, PO33 2ED

STALLS, £10 PITCH FEE  
CALL 01983 562549  
TO RESERVE

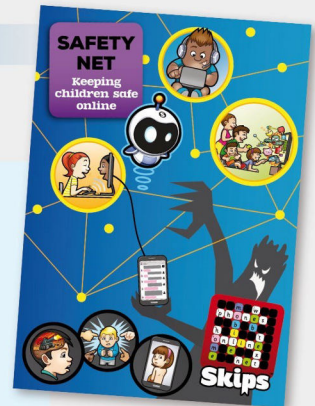
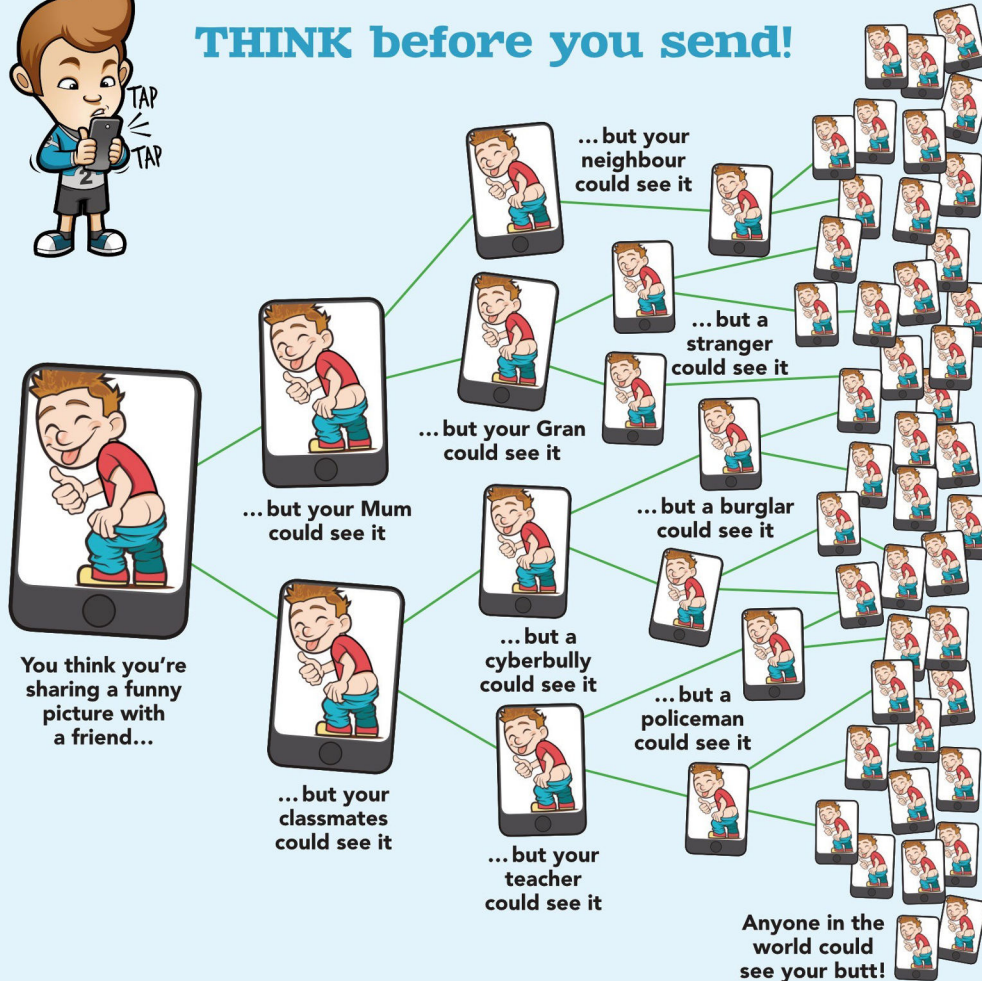




### Parent Guides to Online Safety



**THINK before you send!**



scan the QR code with your phone's camera for Parent Guides on how to help keep your children safe online



### If you share it, you are involved

If you have, or forward an indecent image of someone under 18, it is a criminal offence. It can affect your future.

**Online safety is when young people know who they can tell if they feel upset by something that has happened online.**

**Parents** please contact your school to enquire attending their next e-safety workshop or have any concerns.

Working with Home Office 'PREVENT', The Police and Crime Commissioner and Children's Safeguarding Partnerships to help keep children safe online.

**Skips Educational** Email: [info@skipsed.com](mailto:info@skipsed.com) Tel: +44 121 227 1941

Developed in partnership with





# Age Restrictions on Social Media

**It is against the law to be on social media sites under the age of 13!**

The COPPA law or Children's Online Privacy Protection Act states that any organisations or people operating online services (including social media services) are not allowed to collect the personal information of anyone under the age of 13 without parental permission.



**Facebook, Instagram, Twitter and Snapchat** all require users to be **at least 13 years old** before they can create an account.



Creating a Facebook account with false information is a violation of Facebook's terms, including accounts registered for someone under 13.



**The minimum age for WhatsApp is 16 years old.** YouTube requires account holders to be aged 18 years and over.

## Apps

Apps can be a positive place for young people to socialise with peers. Many enable instant messaging, social networking and image sharing.

Some, like YouTube, can also be a great creative outlet. But consider:

- Privacy settings and age relevance
- Talking to them about the content they share
- Discussing the consequences of sharing messages and images.

UKSIC:

[saferinternet.org.uk/advice-centre/social-media-guides](http://saferinternet.org.uk/advice-centre/social-media-guides)

SWGfL:

[swgfl.org.uk/online-safety-resources](http://swgfl.org.uk/online-safety-resources)

Internet Matters:

[internetmatters.org/advice/apps-guide](http://internetmatters.org/advice/apps-guide)



## Instant Messaging

Instant Messaging is a great way to socialise and keep up to date with what's going on right now. However there is a risk of unsolicited contact. If your child is using messenger services you should:

- Look at the privacy settings
- Ensure they understand that they may be talking to people they don't know and the risks this brings
- Talk to them about what is and isn't appropriate to send.

CEOP:

[ceop.police.uk/safety-centre](http://ceop.police.uk/safety-centre)

Connect Safely:

[connectsafely.org/guides-3/](http://connectsafely.org/guides-3/)



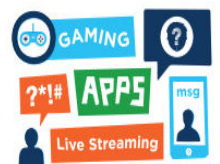
Pick up a copy of this checklist along with other Online Safety materials at [swgflstore.com](http://swgflstore.com)

We are a not-for-profit charitable trust providing schools with fast reliable internet connectivity and services, learning technologies to improve outcomes, and toolkits for being safer online. We are also coordinators of the UK Safer Internet Centre.

Find out more at [swgfl.org.uk](http://swgfl.org.uk)



## Online Safety Guidance for Parents



Online spaces, games and media form a large part of life for young people growing up today. They offer platforms to connect with others and to learn.

### Risks

Of course there are risks associated with being online, as there are with all aspects of life. These include:

- Exposure to inappropriate content
- Sharing too much personal information
- Connecting with harmful people and
- Spending unhealthy amounts of time online.

### Have a conversation

One of the best ways to help young people stay safe online is to talk to them about what they do.

If you understand the situations they encounter you'll be better placed to offer them advice on how to deal with them.

UK Safer Internet Centre advice centre for parents and carers: [saferinternet.org.uk/advice-centre/parents-and-carers](http://saferinternet.org.uk/advice-centre/parents-and-carers)  
South West Grid for Learning: [swgfl.org.uk/magazine](http://swgfl.org.uk/magazine)  
Vodafone Digital Parenting: [vodafone.digitalparenting.co.uk](http://vodafone.digitalparenting.co.uk)  
London School of Economics Parenting for a Digital Future: [blogs.lse.ac.uk/parenting4digitalfuture/](http://blogs.lse.ac.uk/parenting4digitalfuture/)

## Gaming

Gaming is fun but be aware that it can be all consuming. Some things to consider:

- Use the gaming consoles' safety settings
- Agree with your child how much time they can spend playing online
- Pay attention to the PEGI (age) ratings and what they mean
- Remember that some online games have inbuilt chat functions
- Be aware that your child might use servers or 3rd party applications to access interactive online communities.

UK Safer Internet Centre guides: [saferinternet.org.uk/gaming](http://saferinternet.org.uk/gaming)

PEGI: [pegi.info](http://pegi.info)

Common Sense Media: [commonsensemedia.org/reviews](http://commonsensemedia.org/reviews)

Ask About Games: [askaboutgames.com](http://askaboutgames.com)



## Bullying

Remember, it's not the technology that's the problem, it's the bullies' behaviour. Support young people by:

- Talking about bullying issues
- Making sure young people know that they can turn to you for support
- Reporting any incidents - it will help your child and others too.

UK Safer Internet Centre tips: [saferinternet.org.uk/cyberbullying-tips](http://saferinternet.org.uk/cyberbullying-tips)

Anti Bullying Alliance: [anti-bullyingalliance.org.uk](http://anti-bullyingalliance.org.uk)

ENABLE Anti-bullying Programme: <http://bit.ly/23SHU3Q>

Cybersmile: [cybersmile.org/advice-help/category/advice-parents](http://cybersmile.org/advice-help/category/advice-parents)



## Live Streaming

Broadcasting online brings an instant thrill that can be addictive. Encourage young people to think about:

- Body image - talk to them about how they want to be perceived online and who their audience might be
- Privacy - how do they protect it? You can't edit something that is going out 'live'
- Age appropriate - is the site they're using appropriate for them? Most social media sites are aimed at 13 year olds and upwards. If not, is there a way to make it safer for them (e.g. YouTube Kids).

SWGfL body image blog: [swgfl.org.uk/magazine/bodyimage](http://swgfl.org.uk/magazine/bodyimage)

Internet Matters: [internetmatters.org/parental-controls/entertainment/](http://internetmatters.org/parental-controls/entertainment/)

YouTube Kids Parental Guide: [support.google.com/youtubekids/](http://support.google.com/youtubekids/)

