

Aims

<p>PSHE education helps pupils to develop the knowledge, skills and attributes they need to thrive as individuals, family members and members of society.</p>	<p>Through PSHE education, pupils are taught to make responsible, informed decisions.</p>	<p>PSHE education introduces pupils to some of the opportunities, challenges and responsibilities they will face growing up.</p>
<p>PSHE education is a vital part of pupils' preparation for life and lessons offer a safe space to explore more complex issues.</p>	<p>PSHE education actively promotes the moral, cultural, mental and physical development of pupils.</p>	<p>PSHE education helps children achieve their full potential by supporting their wellbeing and tackling issues that can affect their ability to learn, such as anxiety and unhealthy relationships.</p>
<p>PSHE education helps pupils to develop skills and aptitudes, such as teamwork, communication, and resilience.</p>	<p>Through PSHE education, pupils are better prepared to navigate, participate and stay safe in this world.</p>	<p>PSHE education helps to foster pupil wellbeing and develop character and personal attributes that we believe are fundamental to pupils being happy, successful and productive.</p>
<p>Pupils learn, through PSHE education, to know how and when to ask for help, and to know where to access support.</p>	<p>Through PSHE education, pupils learn about boundaries, including understanding boundaries in friendships with peers and also in families and with others, in a range of contexts, including online.</p>	<p>Pupils are taught about the importance of participation in their own communities through PSHE education.</p>

