

Newsletter No. 3 Thursday 21st September 2023

**Macmillan Coffee Morning**—We raised a wonderful **£70.90** at our coffee morning and cake sale on Monday. A big thank you for buying cakes and raffle tickets for this very worthwhile cause and helping us to raise much needed funds. If you pledged money and have not yet handed this in, please pop it to the office. Thank you.



**Goodbye Mrs Gaskin!**  
Tomorrow (Friday) we say a very sad farewell to our Receptionist Mrs Gaskin, who will

be moving on to pastures new. We will all miss you Mrs Gaskin and thank you for all the help you have given us over the last 4 years, welcoming visitors and children with a smile! Thank you for our wonderful gardening club and all of your amazing organising in the library.

Please bare in mind we will be a little short in the office in the next few weeks. Mrs Keeble would be very grateful if you could try to get to school on time, and remember lunch boxes and any items you may need for the school day. Thank you for your support.

**Both Year 3 classes** have been working really hard this week creating animated puppets. Well done year 3, we cant wait to see your creations!



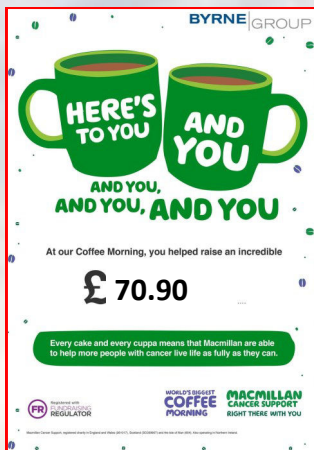
**Wonderfell** - Reception classes welcomed Wonderfell Theatre Co. in to school last Friday who delivered a wonderful immersive theatre performance featuring folklore tales. The children and staff really enjoyed

this experience.

**Year 4** have been learning about how to keep safe on the internet as part of their **Learning Means the World**. They have had very sensible class discussions and have shown an excellent understanding of how to stay safe online.

**Author Visit** - Next Monday (25th) we will be welcoming the author Peter J Murray in to school. Mr Murray will be visiting our year 4, 5 and 6 children as part of his '**Darker Side of Wight**' book tour. Feedback from other local schools has been fabulous, and children have been keen to order his book. We will be welcoming the school photographers in to school on **Tuesday 3rd** and **Wednesday 4th October**. If your child would like to purchase a book and have this signed by the author, a special price of £10 will be available on the day (paid directly to the author). Please send the correct money in a named envelope.

We are seeing more late arrivals this week, please try to arrive at school before 8.40 to minimise disruption to the class and your child's routine.



### Key Dates –2022/23

- Mon 25th Sept - Peter J Murray visit
- Thurs 28th Sept - Yr 5/6 Tag Rugby @ Wootton
- Tues 3rd Oct - School Photo's
- Weds 4th Oct - School Photo's
- Mon 9th Oct - Book Fayre (whole week)
- Fri 20th Oct - Break up for Half Term
- Mon 6th Nov - Back to School
- Tues 19th Dec - Break up for Christmas
- Tues 2nd Jan - Back to School

### School Meals

School dinners are provided by Chartwells. The cost will increase in September to £2.75 per day.

Summer Menu will continue until October half term.

W/C 25/09 Menu Week 2

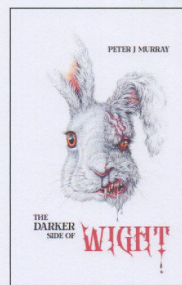
Children order their lunch choice in the classroom every morning.



### PETER J MURRAY DARKER SIDE OF WIGHT BOOK TOUR 2023/24

Helping to inspire children and raise literacy across the Isle of Wight. This book is ideal for reading as a family...though adults might get a bit scared!

(Which one is Peter J Murray in the picture?)



Peter J Murray has realized his dream of moving to his favourite location and writing an Isle of Wight themed book. There are twelve spooky stories set around the island, each one crafted to engage and inspire the reader to use their imagination and embark on a thrilling and adventurous encounter.



CHECK OUR NEW WEBSITE AT:  
[www.peterjmurray.co.uk](http://www.peterjmurray.co.uk)  
\*Download the above map for free!

The book is a beautifully bound hard-back book published on the island by Medina Publishers based in Cowes. These first edition books are priced at £12, but are offered in schools at a discount of £10. The author will sign and dedicate the book as required. Every child who purchases a book will also be given a free special Darker Side of Wight book mark to go with it.

\*Please make any cheques to Make4me Promotions

*This Week's Attendance Stars are*  
*3A with 99.7% Attendance!*  
*Well done!*



## *School Attendance*

Class	This Week
RA	95.2%
RB	96.9%
1A	96.2%
1/2A	97.2%
2A	92.7%
3A	98.2%
3B	88%
4A	95.3%
4B	96.3%
5A	96.2%
5B	96.8%
6A	95.7%
6B	97.3%

### School Start Times:

Doors open at **8.30am** and register is taken promptly at **8.40am**.

It is **essential** children are in time for registration and ready to start the day in a timely manner.

School ends at 3.10pm—please arrive promptly to collect.



**Minutes Late** - The number of late arrivals after the register closed this week has meant that **172 minutes** of learning have been lost! Please remember school starts at 8.40 promptly.

**Whole School Attendance: 95.7%**

**Target: 96%**

Please remember to call school by **9.30am** on 563372 if your child is absent AND follow this up with a letter. We would appreciate letters via email where possible at [admin@haylands.iow.sch.uk](mailto:admin@haylands.iow.sch.uk)

Regular meetings are held with the Education and Inclusion Assistant who monitors attendance.

If a letter is not received the absence will remain unauthorised.

# Isle of Wight School Terms And Holidays 2023 – 2024

Determined programme of school term and holiday dates for county and controlled schools for the academic year 2023/24

SEPTEMBER 2023					
M	28	★	11	18	25
T	29		5	12	19
W	30		6	13	20
T	31		7	14	21
F	★		8	15	22
S	2		9	16	23
S	3		10	17	24

OCTOBER 2023					
M	2	9	16	23	30
T	3	10	17	24	31
W	4	11	18	25	
T	5	12	19	26	
F	6	13	20	27	
S	7	14	21	28	
S	1	8	15	22	29

NOVEMBER 2023				
M	6	13	20	27
T	7	14	21	28
W	1	8	15	22
T	2	9	16	23
F	3	10	17	24
S	4	11	18	25
S	5	12	19	26

DECEMBER 2023				
M	4	11	18	25
T	5	12	19	26
W	6	13	20	27
T	7	14	21	28
F	1	8	15	22
S	2	9	16	23
S	3	10	17	24

JANUARY 2024				
M	1	8	15	22
T	2	9	16	23
W	3	10	17	24
T	4	11	18	25
F	5	12	19	26
S	6	13	20	27
S	7	14	21	28

FEBRUARY 2024				
M	5	12	19	26
T	6	13	20	27
W	7	14	21	28
T	1	8	15	22
F	2	9	16	23
S	3	10	17	24
S	4	11	18	25

MARCH 2024				
M	4	11	18	25
T	5	12	19	26
W	6	13	20	27
T	7	14	21	28
F	1	8	15	22
S	2	9	16	23
S	3	10	17	24

APRIL 2024				
M	1	8	15	22
T	2	9	16	23
W	3	10	17	24
T	4	11	18	25
F	5	12	19	26
S	6	13	20	27
S	7	14	21	28

MAY 2024				
M	6	13	20	27
T	7	14	21	28
W	1	8	15	22
T	2	9	16	23
F	3	10	17	24
S	4	11	18	25
S	5	12	19	26

JUNE 2024				
M	3	10	17	24
T	4	11	18	25
W	5	12	19	26
T	6	13	20	27
F	7	14	21	28
S	1	8	15	22
S	2	9	16	23

JULY 2024				
M	1	8	15	22
T	2	9	16	23
W	3	10	17	24
T	4	11	18	25
F	5	12	19	26
S	6	13	20	27
S	7	14	21	28

AUGUST 2024				
M	5	12	19	26
T	6	13	20	27
W	7	14	21	28
T	1	8	15	22
F	2	9	16	23
S	3	10	17	24
S	4	11	18	25



STAFF DEVELOPMENT DAY



## WEEK 1

W/C: 17/04, 08/05, 05/06, 26/06, 17/07, 18/09, 09/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	<b>Cheese and Tomato Pizza</b> 🍕 Served with Potato Wedges	<b>Pork Sausages</b> Served with Mashed Potatoes and Gravy	<b>Roast Turkey</b> 🍗 Served with Roast Potatoes and Gravy	<b>Beef Bolognese</b> 🍖 Served with Wholemeal Pasta and Garlic and Herb Bread	<b>Breaded Fish Fingers</b> Served with Chips
JACKET POTATO	<b>Tomato Pasta</b> 🍝 served with two vegetables	<b>Cauliflower Macaroni Cheese</b> Served with two vegetables	<b>Roasted Vegetable Butterbean Crumble</b> 🍲 Served with Roast Potatoes and Gravy	<b>Vegetarian Bolognese</b> 🍝 Served with Wholemeal Pasta and Garlic and Herb Bread	<b>Vegetarian Dippers</b> 🍷 Served with Chips
JACKET POTATO	<b>Jacket Potatoes</b> 🍟 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍟 with a choice of hot and cold fillings, including Salmon Mayonnaise 🐟	<b>Jacket Potatoes</b> 🍟 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍟 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍟 with a choice of hot and cold fillings
DESSERT	<b>Vanilla Ice Cream</b>	<b>Strawberry Jelly with Fruit</b> 🍓	<b>Hot Chocolate Sponge with Chocolate Custard</b>	<b>Lemon Slice with Fruit</b> 🍋	<b>Crispy Crackle Bar</b>

**Tomato Pasta** Fresh, homemade tomato and basil sauce with penne pasta 🍅 🌿

All main meals are served with two vegetables

## WEEK 2

W/C: 24/04, 15/05, 12/06, 03/07, 04/09, 25/09, 16/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	<b>Cheese and Tomato Pizza</b> 🍕 Served with Potato Wedges	<b>Chinese Chicken and Vegetable Rice</b> 🍛	<b>Roast Gammon</b> Served with Roast Potatoes and Gravy	<b>Beef Lasagne</b> 🍝 Served with Garlic and Herb Bread	<b>Breaded Fish Fingers</b> Served with Chips
JACKET POTATO	<b>Vegetable Pastry Roll</b> 🥧 Served with Potato Wedges	<b>Macaroni Cheese</b> Served with two vegetables	<b>Sweet Potato and Chickpea Roast</b> Served with Roast Potatoes and Gravy	<b>Vegetable Lasagne</b> 🍝 Served with Garlic and Herb Bread	<b>Vegetarian Dippers</b> 🍷 Served with Chips
JACKET POTATO	<b>Jacket Potatoes</b> 🍟 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍟 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍟 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍟 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍟 with a choice of hot and cold fillings
DESSERT	<b>Oat Chocolate Cookie with Fruit</b> 🍪	<b>Orange Jelly</b>	<b>Chocolate and Banana Marble Cake</b>	<b>Flapjack with Fruit</b> 🍓	<b>Strawberry Ice Cream</b>

**Tomato Pasta** Fresh, homemade tomato and basil sauce with penne pasta 🍅 🌿

All main meals are served with two vegetables

### AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

🌿 Vegetarian 🐟 Oily Fish 🍖 Wholegrain 🍏 Fruity! 🍷 Nutritionist's Choice

## WEEK 3

W/C: 01/05, 22/05, 19/06, 10/07, 11/09, 02/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	<b>Cheese and Tomato Pizza</b> 🍕 Served with Potato Wedges	<b>Butter Chicken Curry</b> Served with Wholegrain Rice	<b>Roast Pork</b> Served with Roast Potatoes and Gravy	<b>Cottage Pie</b> 🍷 Served with two vegetables	<b>Breaded Fish Fingers</b> Served with Chips
JACKET POTATO	<b>Vegetarian Bolognese</b> 🍝 Served with Wholemeal Pasta	<b>Tomato Vegetable Burger</b> 🍔 Served with Potato Wedges	<b>Cheesy Ploughman's Picnic Plate</b> 🍷 Served with Bread	<b>Macaroni Cheese</b> 🍝 Served with two vegetables	<b>Vegetarian Dippers</b> 🍷 Served with Chips
JACKET POTATO	<b>Jacket Potatoes</b> 🍟 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍟 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍟 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍟 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍟 with a choice of hot and cold fillings
DESSERT	<b>Berry Flapjack with Fruit</b> 🍓	<b>Shortbread</b>	<b>Chocolate Brownie with Fruit</b> 🍫	<b>Ice Cream</b>	<b>Pineapple Upside Down Cake</b>

**Tomato Pasta** Fresh, homemade tomato and basil sauce with penne pasta 🍅 🌿

All main meals are served with two vegetables

# THREE WEEK MENU

## SPRING/SUMMER 2023

Chartwells  
Schools

OUR NEW MENU  
CHOSEN BY  
PARENTS AND  
CHILDREN

YOUR  
FAVOURITES  
AVAILABLE  
EVERY DAY



Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.



# **BEE THANKFUL FOR BEES**



**Celebration of Harvest**

**Wednesday 27<sup>th</sup> September 2023**

## **MAINS**

Roast Gammon or  
Sweet Potato and Chickpea Roast

## **SIDES**

Seasonal Vegetables  
Roast Potatoes and Gravy

## **DESSERT**

Magic Apple & Cinnamon Bake



# IW Fostering

Island children need local homes

## Fit to Foster?

Many people think that they are either too young or too old to foster. The truth is that you must be at least 21 years of age. There is no upper age limit, as long as you are physically fit and healthy.



If you don't think you are suitable to foster, think again! Foster carers come from a variety of different backgrounds. There are children in care who may need you. Explore fostering with the IW Council.

Apply online at [iwight.com/fostering](http://iwight.com/fostering)  
01983 823160

SCAN ME! →



## Isle of Wight Family Information Hub

Helping families keep up to date with the information, support and advice that is available to them.

Visit [www.familyinfohub.iow.gov.uk](http://www.familyinfohub.iow.gov.uk) to find out more.



01983 823169

IWFamilyInfoHub

familyinformationhub@iow.gov.uk



THE BAY CE SCHOOL  
Believe · Inspire · Excel



## Year 7 Open Evening

Thursday 5th October 2023, 5.00-7.30pm

Presentation at 5.00pm and 6.00pm followed by tours of the Secondary School  
Open Morning: Tuesday 10th October, 9.00-11.00am, please call to book an appointment.



Contact us for more information: Telephone: 01983 403284 Email: [office@bayceschool.org](mailto:office@bayceschool.org) Website: [bayceschool.org](http://bayceschool.org)

## GET STARTED IN EMERGENCY SERVICES

### JOIN OUR FUN, EXCITING FREE PROGRAMME

Are you aged 16-30? Our free course, with Hampshire and Isle of Wight Fire and Rescue Service, gives you the chance to:

- Learn about the Ambulance, Fire, Police, and Coastguard services with visits from professionals.
- Develop new skills, take part in fun activities and build your confidence.
- Meet like-minded people.
- Receive up to six months support from The Prince's Trust.

Get in touch and Start Something today.

#### INFORMATION

Taster Day: 31st August 2023

Course Dates: 4th - 8th September 2023

Location: Sandown, Isle of Wight

Email: [lorraine.lambert@princes-trust.org.uk](mailto:lorraine.lambert@princes-trust.org.uk)

Supported by:



Prince's Trust



## OPEN MORNING

SATURDAY 7 OCTOBER 10.00AM UNTIL 12.30PM

Join us for tours of the School, a Q&A session with the Head Master and senior team and an opportunity to talk to pupils, staff and parents. Enjoy displays, live music and drama rehearsals and join in with science experiments.



RYDE SCHOOL  
WITH UPPER CHINE

An island school with a global outlook



# Squirrels

## Seeking bright eyed and bushy tailed new recruits

Squirrels. The newest branch of the Scouts family tree is part of 5th Ryde Scout Group.

Where 4-6 year olds can join in too

We are also looking for adult volunteers to join us as helpers, leaders.

This is an age when minds are fizzing, when energy and curiosity levels are sky high, when little lives are full of wow and wonder.

Set them climbing the tree. Who knows how far they'll reach?

For more information please contact  
Graham Walmsley on  
Email: [grahamwiow@tiscali.co.uk](mailto:grahamwiow@tiscali.co.uk) or Tel  
07974291861

#SkillsForLife

Copyright © 2021 Scouts Registered Charity numbers 306101 (England and Wales) and SC038437 (Scotland). Photography by Tom Hull.



**Scouts**  
5th Ryde Scout Group  
Isle Of Wight

**CLASSIQUE**  
DANCE STUDIO

# DISCO FREESTYLE

## Dance Classes

FOR ALL LEVELS.  
BEGINNERS WELCOME.  
AGE 5+

FREESTYLE IS A VERY FAST PAGED STYLE OF DANCE  
COMBINING STYLE, GRACE AND ACRO BASED  
MOVEMENTS

THEY WILL TRAIN IN SOLOS, PAIRS, SLOW DANCE/  
LYRICAL AND STREET DANCE. READY FOR COMPETING  
AND MEDAL EXAMS

DOES YOUR CHILD LOVE TO DANCE  
AND WANT TO LEARN FOR FUN

OR AT A  
COMPETITIVE LEVEL?

THIS IS THE CLASS FOR THEM!

EVERY TUESDAY FROM 19/09 @ RYDE ACADEMY THEATRE

5-7PM

£10 PAY AS YOU GO FOR 2 HOURS

4 WEEKLY LESSONS FOR £35

BOOK VIA OUR WEBSITE

[WWW.CLASSIQUEDANCESTUDIOS.CO.UK/CLASSES](http://WWW.CLASSIQUEDANCESTUDIOS.CO.UK/CLASSES)

CERTIFIED BY UKA PART OF BRITISH DANCE COUNCIL  
INSURED & DBS CHECKED



## Anxiety Explained

Do you, or your children (especially your teens) suffer from anxiety?  
Would you like to know what anxiety is and gain some  
understanding on how to manage it?



A two-hour online talk delivered by  
Jane Keyworth, Lead Facilitator at FACE  
on 21st September (6:30pm to 8:30pm) £24

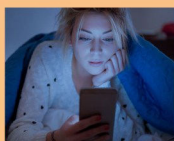
Available to book now [facefamilyadvice.co.uk](http://facefamilyadvice.co.uk)



September 2023

## Newsletter

## FACE THE NEW TERM!



### FREE SESSION

Are they getting a good night?  
insomnia, screens & energy drinks  
Book Now - [facefamilyadvice.co.uk](http://facefamilyadvice.co.uk)



Thursday  
14th Sep  
18:30 - 20:30

### Cannabis Awareness

Cannabis, how much do you know? what are  
the risks? Increase your knowledge and  
awareness of the issues.



Thursday  
21st Sep  
18:30 - 20:30

### Anxiety Explained

Whether it is your anxiety or your children's,  
what exactly is it and how do we manage it?



Thursday  
28th Sep  
18:30 - 20:30

### Supporting a Child with ADHD

interactive session explaining what ADHD is  
and offering a range of interventions that can  
make lasting differences.

[facefamilyadvice.co.uk](http://facefamilyadvice.co.uk)

[info@facefamilyadvice.co.uk](mailto:info@facefamilyadvice.co.uk)

## ARE YOU READY?



**RYDE SAINTS**  
**U8's (Year 3)**  
**Football Training**



**SATURDAY'S**

11.00AM - 12.00PM

**JOIN US TODAY!**

Salter's Park, Salters Road  
Ryde, PO33 3HU  
Lee 07742344629 or Martin 07730609999



The Island Savoyards present

# SHREK The Musical

Based on the Dreamworks Animation Motion Picture and the book by William Steig

Book and Lyrics by  
**David Lindsay-Abaire**

Music by  
**Jeanine Tesori**

Originally produced on Broadway by  
DreamWorks Theatricals and Neal Street Productions

**SHANKLIN THEATRE**  
**OCTOBER**

**25-28 | 7.30pm ★ 28 & 29 | 2.30pm**

**TICKETS | Adults £20 | Children £18**

This amateur production is presented by arrangement with Music Theatre International  
All authorised performance materials are also supplied by MTI  
[www.MTIShows.co.uk](http://www.MTIShows.co.uk)

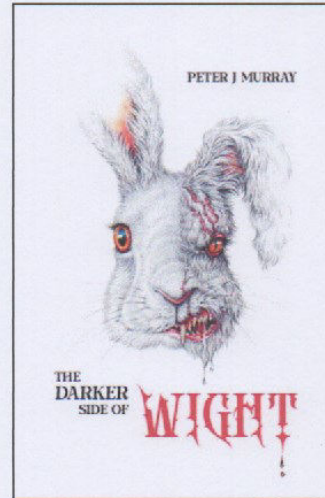
**BOX OFFICE 01983 868000 | [shanklintheatre.com](http://shanklintheatre.com)**

PETER J MURRAY  
DARKER SIDE OF WIGHT BOOK TOUR  
2023/24

Helping to inspire children and raise literacy across the Isle of Wight. This book is ideal for reading as a family...though adults might get a bit scared!



(Which one is Peter J Murray in the picture?)



Peter J Murray has realized his dream of moving to his favourite location and writing an Isle of Wight themed book.

There are twelve spooky stories set around the island, each one crafted to engage and inspire the reader to use their imagination and embark on a thrilling and adventurous encounter.



CHECK OUR NEW WEBSITE AT:

[www.peterjmurray.co.uk](http://www.peterjmurray.co.uk)

\*Download the above map for free!

The book is a beautifully bound hard-back book published on the island by Medina Publishers based in Cowes. These first edition books are priced at £12, but are offered in schools at a discount of £10. The author will sign and dedicate the book as required.

Every child who purchases a book will also be given a free special Darker Side of Wight book mark to go with it.

\*Please make any cheques to Mokee Joe Promotions.



**Year 6 Open Evening**  
**Thursday 28**  
**September**  
**5.00 - 8.00 pm**

Join us for:

- a short presentation (repeated at 5.15 and 6.15 pm)
- Tours of our wonderful facilities
- Opportunities to meet subject staff and experience subject demonstrations
- School meal tasters
- SEND Information



**Year 6 Open Evening**  
**Tuesday 26**  
**September**  
**5.00 - 8.00 pm**

Join us for:

- a short presentation (repeated at 5.15 and 6.15 pm)
- Tours of our wonderful facilities
- Opportunities to meet subject staff and experience subject demonstrations
- School meal tasters
- SEND Information





### Parent Guides to Online Safety



**A Parent's Guide to Social Media**



**A Parent's Guide to Sharing Pictures**



**A Parent's Guide to Gaming**



**A Parent's Guide to Online Grooming**



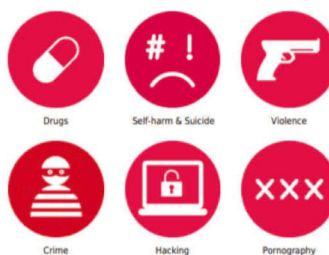
**A Parent's Guide to Live Streaming**



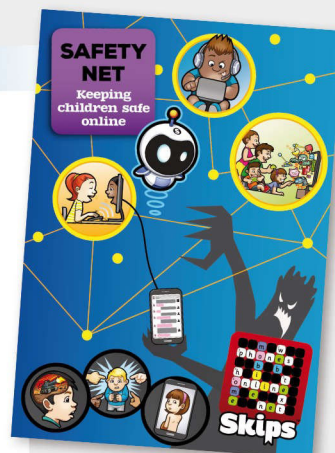
**A Parent's Guide to Online Influencers**



**A Parent's Guide to Fake News**



**A Parent's Guide to Privacy Settings**



**Online safety is when young people know who they can tell if they feel upset by something that has happened online.**

**Parents** please contact your school to enquire attending their next e-safety workshop or have any concerns.

Working with Home Office 'PREVENT', The Police and Crime Commissioner and Children's Safeguarding Partnerships to help keep children safe online.

**Skips Educational** Email: [info@skips.com](mailto:info@skips.com) Tel: +44 121 227 1941

Developed in partnership with





# Age Restrictions on Social Media

**It is against the law to be on social media sites under the age of 13!**

The COPPA law or Children's Online Privacy Protection Act states that any organisations or people operating online services (including social media services) are not allowed to collect the personal information of anyone under the age of 13 without parental permission.



**Facebook, Instagram, Twitter and Snapchat** all require users to be **at least 13 years old** before they can create an account.



Creating a Facebook account with false information is a violation of Facebook's terms, including accounts registered for someone under 13.



**The minimum age for WhatsApp is 16 years old.** YouTube requires account holders to be aged 18 years and over.

## Apps

Apps can be a positive place for young people to socialise with peers. Many enable instant messaging, social networking and image sharing.

Some, like YouTube, can also be a great creative outlet. But consider:

- Privacy settings and age relevance
- Talking to them about the content they share
- Discussing the consequences of sharing messages and images.

UKSIC:

[saferinternet.org.uk/advice-centre/social-media-guides](https://saferinternet.org.uk/advice-centre/social-media-guides)

SWGfL:

[swgfl.org.uk/online-safety-resources](https://swgfl.org.uk/online-safety-resources)

Internet Matters:

[internetmatters.org/advice/apps-guide](https://internetmatters.org/advice/apps-guide)



## Instant Messaging

Instant Messaging is a great way to socialise and keep up to date with what's going on right now. However there is a risk of unsolicited contact. If your child is using messenger services you should:

- Look at the privacy settings
- Ensure they understand that they may be talking to people they don't know and the risks this brings
- Talk to them about what is and isn't appropriate to send.

CEOP:

[ceop.police.uk/safety-centre](https://ceop.police.uk/safety-centre)

Connect Safely:

[connectsafely.org/guides-3/](https://connectsafely.org/guides-3/)



Pick up a copy of this checklist along with other Online Safety materials at [swgflstore.com](https://swgflstore.com)

We are a not-for-profit charitable trust providing schools with fast reliable internet connectivity and services, learning technologies to improve outcomes, and toolkits for being safer online. We are also coordinators of the UK Safer Internet Centre.

Find out more at [swgfl.org.uk](https://swgfl.org.uk)



## Online Safety Guidance for Parents



Online spaces, games and media form a large part of life for young people growing up today. They offer platforms to connect with others and to learn.

### Risks

Of course there are risks associated with being online, as there are with all aspects of life. These include:

- Exposure to inappropriate content
- Sharing too much personal information
- Connecting with harmful people and
- Spending unhealthy amounts of time online.

### Have a conversation

One of the best ways to help young people stay safe online is to talk to them about what they do.

If you understand the situations they encounter you'll be better placed to offer them advice on how to deal with them.

UK Safer Internet Centre advice centre for parents and carers: [saferinternet.org.uk/advice-centre/parents-and-carers](https://saferinternet.org.uk/advice-centre/parents-and-carers)  
South West Grid for Learning: [swgfl.org.uk/magazine](https://swgfl.org.uk/magazine)  
Vodafone Digital Parenting: [vodafone.digitalparenting.co.uk](https://vodafone.digitalparenting.co.uk)  
London School of Economics Parenting for a Digital Future: [blogs.lse.ac.uk/parenting4digitalfuture/](https://blogs.lse.ac.uk/parenting4digitalfuture/)

## Gaming

Gaming is fun but be aware that it can be all consuming. Some things to consider:

- Use the gaming consoles' safety settings
- Agree with your child how much time they can spend playing online
- Pay attention to the PEGI (age) ratings and what they mean
- Remember that some online games have inbuilt chat functions
- Be aware that your child might use servers or 3rd party applications to access interactive online communities.

UK Safer Internet Centre guides: [saferinternet.org.uk/gaming](https://saferinternet.org.uk/gaming)

PEGI: [pegi.info](https://pegi.info)

Common Sense Media: [commonsensemedia.org/reviews](https://commonsensemedia.org/reviews)

Ask About Games: [askaboutgames.com](https://askaboutgames.com)



## Bullying

Remember, it's not the technology that's the problem, it's the bullies' behaviour. Support young people by:

- Talking about bullying issues
- Making sure young people know that they can turn to you for support
- Reporting any incidents - it will help your child and others too.

UK Safer Internet Centre tips: [saferinternet.org.uk/cyberbullying-tips](https://saferinternet.org.uk/cyberbullying-tips)

Anti Bullying Alliance: [anti-bullyingalliance.org.uk](https://anti-bullyingalliance.org.uk)

ENABLE Anti-bullying Programme: [http://bit.ly/23SHU3Q](https://bit.ly/23SHU3Q)

Cybersmile: [cybersmile.org/advice-help/category/advice-parents](https://cybersmile.org/advice-help/category/advice-parents)



## Live Streaming

Broadcasting online brings an instant thrill that can be addictive. Encourage young people to think about:

- Body image - talk to them about how they want to be perceived online and who their audience might be
- Privacy - how do they protect it? You can't edit something that is going out 'live'
- Age appropriate - is the site they're using appropriate for them? Most social media sites are aimed at 13 year olds and upwards. If not, is there a way to make it safer for them (e.g. YouTube Kids).

SWGfL body image blog: [swgfl.org.uk/magazine/bodyimage](https://swgfl.org.uk/magazine/bodyimage)

Internet Matters: [internetmatters.org/parental-controls/entertainment/](https://internetmatters.org/parental-controls/entertainment/)

YouTube Kids Parental Guide: [support.google.com/youtubekids/](https://support.google.com/youtubekids/)

